



BRONTE INDEPENDENT SCHOOL DISTRICT

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Jennifer Englert
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Ginger Robbins
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Vision: The vision of the Bronte ISD School Health Advisory Council is for all children to develop skills and knowledge to help them lead a healthy, productive life.



Mission: The mission of the Bronte ISD School Health Advisory Council is to provide help and support to students so that they can make safe and healthy decisions for a lifetime.

Meeting Minutes for October 22, 2025 SHAC meeting #2

The meeting was called to order by Ginger Robbins at 3:51 PM. All members were asked to sign in.

Members Present: Janet Wommack

Jessica Riddle

Ginger Robbins

I. Nutrition: Food Services

- A. Cafeteria update: Gandy's added Orange Cream Milk for October and took away Strawberry.
- B. We have added new cereals to Mondays: Trix, a cereal bar and blueberry bread.
- C. Jimmy Dean has recalled their pancake sausage on a stick so we have had to compensate for that by adding different foods such as sausage biscuit and pancake sausage.
- D. The new items seem to be a big hit with the students: chicken strips, asian bowl and cheese for the hamburgers.
- E. How many we have served from Day 1 to 10/22/25:
Breakfast = 4,317 3,847 students and 470 adults
Lunch = 2,447 2,359 students and 88 adults
- F. The idea of a grab and go lunch to be provided to secondary students is very favorable. DeAnn is checking if that is a possibility.

II. Health

- A. As per HB 3144, October is Fentanyl Poisoning Awareness Month. We mention it during announcements and teach an approved awareness lesson during LEAP.
- B. As per SB 629: TEC 38.222 each school must have a plan for the maintenance, administration and disposal of opioid antagonists. Located in both school offices is Narcan nasal spray.
- C. Our elementary students annually participate in The Fitness Gram. The assessment includes a variety of health-related physical fitness tests designed to assess cardiovascular fitness, muscle strength, muscular endurance, flexibility, and body composition.
- D. Screenings: Vision, Hearing, Spinal, Acanthosis were completed today.

III. Counseling Programs:

- A. Major Clarity utilized weekly / Student Interest Surveys have been completed.
- B. The College Tour Video Series are shown each Friday
- C. Texas Child Health Access Through Telemedicine, or TCHATT available

- D. Our 8th graders attended their first Youth Aware of Mental Health (YAM) on Wednesday, October 15th. They will do this each Wednesday for the next 5 weeks. YAM is a school-based program that helps adolescents develop mental health skills and reduce the risk of suicide. The Goal is to help students develop coping skills and resiliency, and to learn how to recognize and address mental health concerns. The YAM sessions include role-playing, discussions, and informational materials. Students learn how to identify symptoms of depression and suicidality, and how to seek help for themselves and their friends. It is five interactive sessions over five weeks. Each session is 45 minutes long. YAM can help students feel more confident in supporting friends, and to recognize when they need support. Studies have shown that YAM can reduce the number of suicide attempts and severe suicidal ideation.
- E. Onsite ASVAB scheduled for December
- F. Onsite ACT scheduled for the Spring. 2 opportunities
- G. Counseling Survey and Data quick overview. Share the 4 Domains of an effective counseling program and goals to work towards for the 2025-2026 school year.
- H. Social Emotional Learning
 - 1. She uses Character Strong with students in grades 3-6 each Wednesday. Character Strong is a program that focuses on a character trait each month (such as integrity). At the secondary level, a quote is read each day during the announcements that supports the trait.

IV. Safety and Security

- A. Interquest is who we contract with for canine detection services. They have been onsite twice
- B. Southwest Consortium is who we contract with for drug testing services. They have tested once.
- C. Last meeting we mentioned looking into offering an online safety course to address cyberbullying. We have not found one suitable yet, but are still looking.

V. New Business: none

The meeting adjourned at 4:12PM.